










# AUGUST 2014 *Tran's Martial Arts*



Curriculum Days: A Day– Forms    B Day– Combinations    C Day– Step Defense    D Day– Sparring (Wear Gear)    E Day– Self Defense

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	<div><div>TRAN'S SUMMER POTLUCK PICNIC SAT., Sept 6th 12:30PM @ CANNON PARK SIGN UP IN THE EVENTS BOOK AND COME JOIN THE FUN!</div></div>			1	2	
3 <div></div>	4 E DAY	5 A DAY	6 B DAY	7 C DAY	8	9 D DAY <b>Sparring Gear</b>
10 CURRICULUM REVIEW WEEK: <i>We will review lower belt curriculum in classes.</i>	11 A DAY 	12  <b>Popsicle Day</b> B DAY	13 C DAY	14 <b>Sparring Gear</b> D DAY	15	16 E DAY
17 REVIEW STRIPE TESTING WEEK: <i>Students planning to belt promote need to test for their review stripe.</i>	18 B DAY 	19 C DAY	20 <b>Sparring Gear</b> D DAY	21 <b>Leadership Night</b> Juniors: 5:00-5:45PM Adults: 5:45-6:30PM TransFit 6:30-7:15PM TKB Promotion: 7:20 <b>NO REG CLASSES</b>	22	23 A DAY
24 MANDATORY TRADITIONAL TOP WEEK: <i>Students must wear traditional dobok tops to all classes.</i>	25 C DAY 	26 <b>Sparring Gear</b> D DAY	27 E DAY	28 A DAY	29 <b>Red Carpet Promotion Night</b> <b>5:30 PM</b>	30 B DAY